

Library Happenings!

Reading Challenge

Have you challenged yourself to read a book each month yet?

Pick up a book and you just might

"Discover or rediscover the joy of reading"!



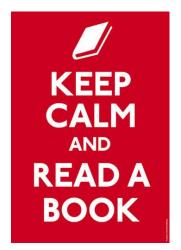
Need a Book to Read?

Come and browse the shelves for a book and try out our Reading Chair!





Source: www.alia.org.au



Premier's Reading Challenge 2015

Open to all students in Years 7-9.

Want to challenge yourself to read 20 books or more this year? Then this is the challenge for you.

See Mrs Owen, in the Library, for more information.

HOME STUDY ENVIRONMENT

The start of a year is a good time to reassess the space where you work at home. Here are some points to consider:

- 1. Natural lighting is best, but if not possible then a good strong bulb in your room and a bright desk lamp is essential. What is the lighting like in your study area?
- 2. Fresh air and oxygen to the brain helps keep you mentally alert. What is the ventilation and air quality like in your study area?
- 3. Your work space sets the tone for the way you approach your study. Is your desk large enough? What is your working space or desk like?
- 4. The chair you use should be comfortable (but not so comfy you fall asleep) and adjustable to reduce strain on your neck and shoulders. What is your chair like?

- 5. When you are trying to memorise things, quiet is essential. No music (unless it is certain types of classical like baroque). How effectively can you keep your room quiet?
- 6. Storage is essential to help you keep your notes organized and sorted. Shelves, a filing cabinet, drawers. What is the storage like in your room?
- 7. It is important to keep your study area uncluttered and organized. A large pin board for notices and a calendar are useful. How organized is your study area?
- 8. How many distractions do you have in your room? TV, stereo, computer, phone etc? It is always a good idea to switch off or remove distractions before you start work. How well do you cope with the distractions in your room?

To learn more about setting up an effective work area at home (including the effect the colour of your room has on your ability to study!) visit the Home Study Environment unit of www.studyskillshandbook.com.au

QHS students have direct access to this handbook through the school's Moodle site. They use their DET username and password to access QHS Moodle.

ASCA - TRY SOMETHING NEW THIS YEAR!

Are you interested in developing your communication skills? Give ASCA a try this year!

Australian Speech Communication Association

ASCA PROMOTES COMPETENCE, REWARDS EFFORT AND ENCOURAGES EXCELLENCE

Participating in ASCA is a great way to promote your communication skills and a great certificate to include in your resume.

ASAC Examinations will be in Week 4, Term 3.
SEE Mrs Owen in the Library for an entry form and more information.

Get involved - it is well worth the effort!

Challenge Yourself This Year!

Enter some Competitions

Keep your eyes and ears open for
Spelling Competition (Year 7 only)
Writing Competition
English Competition

See Mrs Owen in the Library for more details.



Need Help? Make sure you ask us for help. Happy Reading and Studying! Mrs Owen – Teacher Librarian Mrs Sweep – SAS Library