



Library Happenings!

Reading Challenge

Have you challenged yourself to read a book each month yet?

Pick up a book and you just might

"Discover or rediscover the joy of reading"!



Need a Book to Read?

Come and browse the shelves and try out our Reading Chair!

Walk in someone else's shoes – READ!

Try this book on for size! It's new to the Library!

EXTRA TIME by Morris Gleitzman



13 year old Matt is spotted showing off his footie skills and offered a trial at one of Europe's biggest clubs. He goes with his younger sister (and agent!) Bridie, who tells the story of what happened as the kids from the Aussie outback take on the might of the English Premier League!

Source: <http://www.theguardian.com/childrens-books-site/interactive/2014/jun/12/extract-extra-time-morris-gleitzman>

Study Skills- Revision Strategies

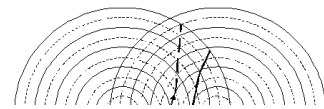
During this term I will be providing a revision strategy for you to try. This week is a brief look at how our brains work.

Revision – why is it such a “scary” term?????

Firstly, don't panic. The storage capacity of the brain is almost infinite. The estimated number of connections your brain can make between ideas is 1 followed by 800 zeros¹!!

The main problems people have remembering what they've revised are:

1. **Interference** – when one bit of information gets confused with another. Avoid studying similar subjects together to reduce this.



2. **Lack of meaningful revision** - a 'sense' of work without real work.

This often happens when you are, for example, checking facebook/email whilst you revise: you think you're revising, but really you're thinking about facebook/email: your brain is in social mode, not learning mode.



3. **Stress/Panic** – this happens often when you leave studying too late, and therefore overload your working memory.



How our brains work:

When we learn something for the first time, we use our working memory. The working memory is quite small (typically between 5-9 items). Therefore, to learn something properly, we have to shift it from our working memory to our long-term memory.

EVERYONE'S brain needs the same 3 things for this to happen:

- a) **Repetition – so start early or you won't have time for this.**
- b) **Multi-modal activities – i.e. something which is visual (seen), auditory (heard) and kinaesthetic (physically done). It also helps if it has an emotional element, such as humour.**
- c) **Effort – it won't happen unless you ACTIVELY revise.**



Time is Running Out to ENTER

It's Competition Time

Like a challenge?

Why don't you enter the

English or Writing Competitions!

The English and Writing Competitions are open to all students in Years 7-12.

If you would like more information on these competitions,

please see [Mrs Owen in the Library](#).



Need Help?

Make sure you ask us for help.

Happy Reading and Studying!

Mrs Owen – Teacher Librarian

Mrs Sweep – SAS Library

It's Not to Late to Give ASCA a Try!

ASCA – TRY SOMETHING NEW THIS YEAR!

Are you interested in developing your communication skills?

Give ASCA a try this year!

Australian Speech Communication Association
ASCA promotes competence, rewards effort and encourages excellence.

ASCA PROMOTES COMPETENCE, REWARDS EFFORT AND ENCOURAGES EXCELLENCE

Participating in ASCA is a great way to promote your communication skills and a great certificate to include in your resume.

ASAC Examinations will be taking place later in the year.

See Mrs Owen in the Library for more information.

Get involved – it is well worth the effort!