



# Quirindi High School

## Weekly Newsletter



27<sup>th</sup> November 2015 – Issue 36

### Quirindi High Represented at Lions Youth of the Year Competition

On Thursday 20<sup>th</sup> November, Year 10 student Wade Clarke represented Quirindi High School in the annual Lions Youth of the Year Competition. Wade initially sat through a panel interview, where he had to answer questions about himself and his leadership qualities. Following this he had to speak at the local Lions Club dinner meeting. Wade had to deliver a prepared speech, as well as answer two impromptu questions where he had to speak for two minutes on each topic. His prepared speech was well received by the audience, as it was on the current issue of the ice epidemic and what we as citizens can do. The judges on the evening were impressed with Wade's mature responses and his knowledge of local, national and international issues.

Wade will now progress to the next round of the competition, where he will represent Quirindi at the district level to be held in Quirindi next year. Mrs Beryl Mannion, chair of the Lions youth committee, was impressed with the enthusiasm displayed by Wade, and is pleased to have such a great young ambassador representing Quirindi.



Photo: L to R. Wade being presented with his cheque by Lions Region and Zone Chairman David Emmanuel.

# Message from the Relieving Principal

On Tuesday this week the student body listened to a talk given by Luke Kennedy. Luke is a published author and successful businessman in Sydney who shared his personal story with others in hopes of inspiring individuals to make positive choices.

During his presentation Luke spoke about his two selves; his true self and the self he constructed to fit the expectations of others. Luke spoke about taking actions and making poor decisions that lead to personal loss and destruction for others. His sharing of personal stories and lived experience hit home with our students who were clearly engaged throughout Luke's presentation.

Luke did not go into extensive detail about the gore and grime associated with his experiences but instead focussed on being true to yourself, focussing on what is important to your core beliefs and impressing the people who really matter. He spoke about the ability at any stage to refocus and return to your true self and that people shouldn't think that starting again is too late.

After Luke spoke with the students they were offered the opportunity to ask him questions and once again students of Quirindi High School demonstrated their ability to be thoughtful and reflective citizens. Questions included; "how did you feel when you were writing your book?", "what did it feel like when you forgave the guy who stabbed you?", "what impact did your actions have on your family?" and "did you feel bad about letting your family down?" These styles of question from our kids clearly demonstrate that they are interested in far more than a good story and that they can recognise why making good decisions is so important for an individual.

Luke's visit was made possible thanks to the partnership created by the training students received earlier in the year for Teen Mental Health First Aid. Thanks once again must go to our local community group Farming for Kids; the very generous donation made to the school earlier this year has been invaluable in providing access to structures that support mental health and well-being for all of our students.

We hosted our final Formal Assembly for 2016 on Friday during which we were able to acknowledge the participation of students in ASCA and CAPERS. Thank you to the parents and community members who joined us in celebrating the achievements of these students.

Congratulations and well wishes also to Gemma Hawkins who is performing in the signing choir at School Spectacular this weekend.

Next week is promising to be a full week with the Enrichment Class presentation evening being held on Wednesday the 2<sup>nd</sup> in the MPC at 7pm. This evening will be a showcase of students' project work and parents and friends are invited to come and help celebrate the work these students have completed through the course. On Thursday the 3<sup>rd</sup> we welcome Year 6 students for their Orientation day and invite Year 6 parents to an information evening that night. We will also be hosting our final school social on Thursday evening for all high school students.

As always should you have any questions or queries regarding your son or daughter's educational experience at Quirindi High School please phone us to make an appointment to come in and discuss your concerns.

Sally Chad  
Relieving Principal

# HEALTH WARNING

## WHOOPIING COUGH CONFIRMED CASE AT QUIRINDI HIGH SCHOOL

Please look out for any symptoms and contact your health care professional.

There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children. Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies. Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night. Children with these symptoms should see a doctor. If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.

Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.

A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.

Your local public health unit can provide advice about whooping cough on 1300 066 055 or visit the NSW Health website for information for childcare and schools about whooping cough.

Dear Families

Quirindi Preschool Kindergarten, Quirindi Public School and Quirindi High School are very excited about the up and coming release of our combined schools cookbook. It is anticipated that the cookbooks will arrive in Quirindi in early December.

Many families have supported us by providing delicious recipes that are family favourites and photos of the local area. Local families and businesses have also supported us by placing advertisements found within the cookbook.

Should you wish to purchase a book, an order form is available at the end of the newsletter. All funds raised will be equally distributed amongst our schools and will be used to support various school programs.

Books are able to be purchased for \$30.00 each. If you purchase three or more books the price is reduced to \$25.00 each. You will be notified via email when and where you are able to collect your books. Please note that all payments will be via Quirindi Public School.

If you have any further questions, or would like more information please contact the schools using the details on the order form.

We appreciate your support and look forward to sharing this book with you.

Many thanks

The Plains on a Plate Cookbook Team

Charmiane Frith, Shelley McInnes, Jane McKenzie, Natasha Cowan & Lindi Owen



# Library Happenings!

Pick up a book and you just might

**"Discover or rediscover the joy of reading"!**



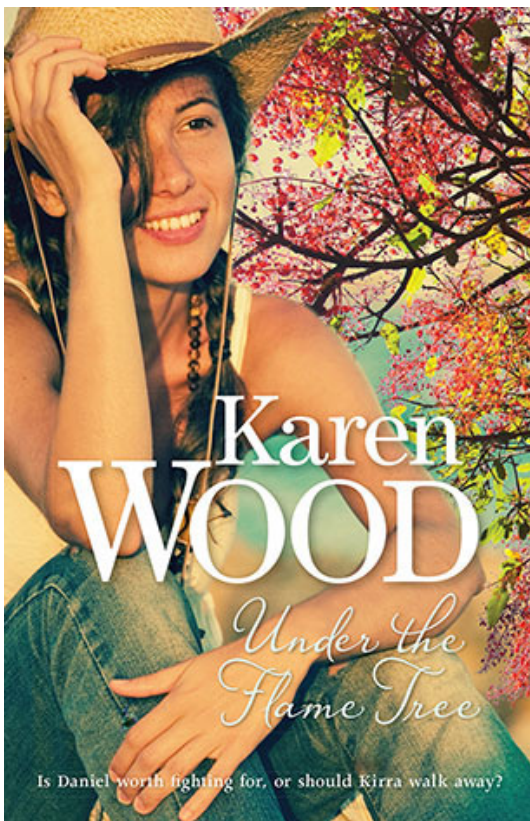
"The more that you read, the more things you will know. The more that you learn, the more places you'll go." -Dr Seuss



**Need a book to read?**

**Come and browse the shelves and try out our Reading Chair!**

## *Under the Flame Tree*



**By Karen Wood**

From the author of *Jumping Fences*, *Rain Dance* and the bestselling *Diamond Spirit* series comes another hugely appealing country romance.

When Kirra leaves school to begin her first job on the station where she grew up, she is unimpressed to find herself partnered with a new employee who will barely speak to her. Daniel is undeniably cute, but he has a serious attitude problem and a mysterious past – there are whispers that he's fresh out of juvenile detention, but no one will tell her why. Daniel gradually thaws and reveals his secrets and Kirra starts to see beyond the moodiness to a boy she can believe in. But others remain wary of him, and her best friend warns her to stay clear. Kirra has some decisions to make. Is Daniel worth fighting for? Or should she walk away?

**Source:** <https://www.allenandunwin.com/browse/books/childrens/young-adult-fiction/Under-the-Flame-Tree-Karen-Wood-9781760112462>

# Making the Most of the QHS Oliver Library System

## How to use the QHS Oliver Library Homepage

QHS Library has a great interactive Library Homepage you can use to search for resources. Access is available through your student portal.

- Use this URL to access your portal - <https://student.det.nsw.edu.au>

The screenshot shows the 'student portal' header with a user logged in as 'Tilly Hadden'. Below the header are navigation buttons for 'Personalise', 'Add link list', and 'Email: 0 unread'. A search box is visible with 'Google' and 'Tale' as search terms. A 'My Timetable' button is also present. A red arrow points to the 'Oliver Library' link in the bottom right corner of the search area.

Click this link "Oliver Library". This takes you to the QHS Library Homepage.

## QHS Oliver Library Homepage

The screenshot shows the 'Oliver' library homepage for Quirindi High School. Red arrows point to various features with descriptive text:

- Search for resources using key words here:** Points to the search bar at the top.
- Check your current loans & overdue books:** Points to the 'Current Loans (5)' and 'Overdue Loans (0)' links in the 'Welcome! My Library summary' section.
- New Books in the Library:** Points to the 'Look What's New in the Library?' section.
- Click on this link to use World Book online:** Points to the 'WORLD BOOK ONLINE' button in the 'World Book Online' section.

Other visible sections include 'Online Study Skills Handbook', 'Reading lists', 'Feature Author KATRINA ROE', and 'World Book Online Quiz'.

# Doing a Basic Search

Type in key words

Click here or hit enter on keyboard

By clicking the save icon, you can save your searches for future use

Search results – you can click on each title to find out more information

The screenshot shows a library search interface with a search bar containing 'ancient egypt'. Below the search bar, there are several search results listed. Each result includes a title, author/producer, and a call number. A red arrow points to the search bar, another to the search button, and a third to a save icon. A bracket on the left side of the results list points to the text 'Search results – you can click on each title to find out more information'.

Word	Subject	Title	Author	Series	List
<input type="checkbox"/>		Ancient Egypt	British Museum (1999-)		932 ANC
<input type="checkbox"/>		Ancient Egypt	producer Patricia Williams ; director Tom Starier (1995)		DIG 932 ANC ✓
<input type="checkbox"/>		Ancient Egypt	consulting editor, George Hart (2005)		NON 932 ANC ✓
<input type="checkbox"/>		Mark Millmore's ancient Egypt	Millmore, Mark (1997-)		932 MIL
<input type="checkbox"/>		Life In Ancient Egypt	(1990)		
<input type="checkbox"/>		Ancient Egypt	Philip Steele (1997)		NON 932 STE ✓
<input type="checkbox"/>		Ancient Egypt	Judith Crosher (1992)		NON 932 CRO ✓
<input type="checkbox"/>		Ancient Egypt	Andrew Haslam & Alexandra Parsons (1995)		NON 932 HAS ✓

## OVERDUE LIBRARY BOOKS & TEXTBOOKS

The end of the school year is getting closer so don't forget to return overdue library books, textbooks and calculators to the library as soon as possible.

Please check your student emails for any overdue notices.



Need Help?

Make sure you ask us for help.



Happy Reading and Studying!

Mrs Owen – Teacher Librarian

& Mrs Sweep – SAS Library

Assistant

## Dates to put on your Calendar

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
8 B	23 <sup>rd</sup> Nov  <b>Work Experience Week</b>	24 <sup>th</sup> Nov	25 <sup>th</sup> Nov	26 <sup>th</sup> Nov  Mod History Yr 12 2016 to Singleton	27 <sup>th</sup> Nov  Formal Assembly	28/29
9 A	30 <sup>th</sup> Nov	1 <sup>st</sup> Dec	2 <sup>nd</sup> Dec  Enrichment Class Presentation Evening	3 <sup>rd</sup> Dec  Year 7 2016 Orientation Day	4 <sup>th</sup> Dec	5/6
10 B	7 <sup>th</sup> Dec  Excursion Week	8 <sup>th</sup> Dec	9 <sup>th</sup> Dec	10 <sup>th</sup> Dec	11 <sup>th</sup> Dec	12/13
11 A	14 <sup>th</sup> Dec	15 <sup>th</sup> Dec  Awards Day 10am	16 <sup>th</sup> Dec  Last day of school for students	17 <sup>th</sup> Dec	18 <sup>th</sup> Dec	19/20

### Term 1, 2016

Year 7, 11 & 12 return Thursday 28 January 2016  
 Year 8, 9 & 10 return Friday 29 January 2016  
 to Friday 8<sup>th</sup> April 2016

### School Office Hours

Office hours are  
 8.30am to 3.30pm

# Plains on a Plate, recipes from the Liverpool Plains & beyond.

## Order form

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Phone no: \_\_\_\_\_ Signature: \_\_\_\_\_

Recipe books cost \$30 each. When purchasing three or more books the cost is \$25 each.

I would like to secure/order quantity \_\_\_\_\_ cookbooks at \$ \_\_\_\_\_

## Payment

Thank you for purchasing a cookbook(s) from Quirindi Preschool Kindergarten, Quirindi Public School and Quirindi High School. All profits are going to a great cause and we appreciate your support.

Cheques made payable to: **Quirindi Public School** Total cost: \_\_\_\_\_

Online POP Go to - <http://www.quirindi-p.schools.nsw.edu.au> and click on \$ Make a payment.  
payment: to: Enter fields marked with a green asterisk. Use your name and any date for the Student Details section.  
For Payment Options click Other.  
In Payment Description 1 type **Recipe book x** the number of books you require. eg Recipe book x 3

OR

Credit card (if applicable):

Expiry date:   -   Mastercard  Visa  CRN: \_\_\_\_\_

Name on card: \_\_\_\_\_ Signature: \_\_\_\_\_

### Quirindi Public School

Address: Munro Street, Quirindi 2343  
Contact: Jane McKenzie or Kathy Bromage  
Phone: (02) 6746 1565  
email: [quirindi-p.school@det.nsw.edu.au](mailto:quirindi-p.school@det.nsw.edu.au)

### Quirindi Preschool Kindergarten

49 Allnut Street, Quirindi 2343  
Shaz Harris or Alison Thompson  
(02) 6746 1894  
[qdipreschool@bigpond.com](mailto:qdipreschool@bigpond.com)

### Quirindi High School

Hill Street, Quirindi 2343  
Lindi Owen or Natasha Cowan  
(02) 6746 1177  
[quirindi-h.school@det.nsw.edu.au](mailto:quirindi-h.school@det.nsw.edu.au)

