

Newsletter

QUIRINDI HIGH SCHOOL

THURSDAY SEPTEMBER 13TH 2018



Term 3 - Week 8

PRINCIPAL'S MESSAGE

Year 12 and Year 11 have now finished their examinations and will soon be receiving their feedback. Teachers are now writing reports for year 12 and we have a final parent/teacher evening scheduled for Tuesday next week. There will also be a couple of Universities in attendance. They have been invited to come along to answer questions about University life. You don't need to have a student in year 12 to speak with them. The tertiary educational pathway can be confusing and there are many questions people have about accommodation, costs, entry, learning etc. Please take this opportunity to speak with the people from the universities in relation to these pathways.

Year Advisers are planning end of year excursions for students. Expressions of interest have been put out to students. If you receive one of these, please be sure to return it to the school as soon as possible. Year Advisers will then decide if an excursion runs or not based on interest.

This week will see the captain nominees for 2019 present their speeches to the school and voting will take place on Friday. The captains and vice captains for 2019 will be announced at the year 12

graduation assembly on the last day of this term.

Organisation for the 2018 overseas excursion has been heating up. 33 students from QHS will be heading to Canada on Monday 1st October with 5 staff members and one parent. This is a great opportunity for students to have an extraordinary travel experience. Excursions such as this take a huge amount of organisation to co-ordinate. Ms Loughrey and Meg O have been leading the organisation for the excursion. The itinerary is packed full and students are on the count down to take-off.

As we move into term 4, we move back into summer uniform. The canteen has sport shirts, school shirts (long and short sleeve) and jumpers. The canteen has EFTPOS facilities and can take orders using a credit card over the phone.

Once again, this newsletter will show you the multitude of events that have been happening within the school. There have been some great successes from our student body and some outstanding progress made.

Tan Worley - Principal

2019 QHS CAPTAINS' Nominees



WEAVING WONDERS



BRONZE AWARD BBQ



OUTSTANDING ASCA



FARMING FOR KIDS



CHS REPRESENTATIVES

QUIRINDI HIGH SCHOOL

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REWARDS FOR AWARDS



Congratulations to our Bronze Award recipients. QHS Students who have received 5 Merit Certificates were awarded their Bronze Award at a celebratory BBQ surrounded by their peers and teachers last Friday.

Merit Certificates are given by teachers for student's positive behaviour in relation to their classwork, social skills, actions in the playground, with their peers and at community events.

Thanks to Mr Chambers for coordinating the rewards event and to all the teachers and students who collaborated in preparing the BBQ.
Well done students we are very proud of you.

CONGRATULATIONS OUTSTANDING ATHLETES

Last week 5 QHS athletes competed over 3 days in the QHS State Carnival held at Sydney Olympic Park, Homebush.

All athletes competed wholeheartedly and achieved some PB's. This is a monumental effort for each and every student to achieve such outstanding results at this level of competition. The dedication taken to train and travel is a testament to these individuals and their talent. Day 1 saw an action-packed day for competition full of heats and most students went onto the finals the next day. The following highlights were marked over the 3 days of tough competition: Lachlan Tydings – won gold in the 17+ discus throwing a whopping 52.06 metres. Ashya McCrae ran a PB in the 3000 metres. Georgie Auld qualified for the 800m, and ran PB's in the 100m and 400m. Caitlyn Etheridge qualified for the 90 and 200m hurdles and achieved PB's in the 400m and long jump. Lacie Quigley - Bronze in the 3000m with a time of 10:30minutes, Silver in the 800m with a time of 2:17minutes followed by a Gold in the 1500m with an outstanding time of 4.45 minutes. Congratulations to all who qualified for the Carnival. The outcome sees both Lachlan



Tydings and Lacie Quigley proceeding to the All Schools Carnival in Week 10 from the 27th-30th September at Homebush. The duo will be increasing their training and would like to acknowledge their coaches/supporters. Lachlan commented that he spends half an hour throwing the discus and 1 hour in the gym improving strength – 7 days a week. He would like to thank Mr Harries for his advice and guidance with his training. Lacie has a well-drilled regime with training tailored by Coach Jason Maxwell to suit event preparation. She will focus on hills, speed and interval training in the lead up to the All Schools. Well done to all the athletes – the QHS Community are very proud of you!





CREATING TOGETHER

Big Sis, Little Sis participants at QHS had a terrific afternoon making resin jewellery with local jewellery designer and maker, Nic Hoy from 'Made by Nic'.

The students made a stunning series of resin-

based pieces incorporating beads, glitter and guild type foil.

In what the first of a series of workshops incorporating resin, the students created, experimented and enjoyed the learning

experience. Thank you to Nic Hoy for sharing your skills, energy and knowledge today and to Amiee Nean-Bullpitt from Walhealth for your ongoing support helping to coordinate the successful Big Sis, Little Sis program with QHS.



BIKE RACK FOR THE SCHOOL

The dedicated QHS Mens shed boys from Year 9 and 10 recently constructed a bike-rack for the school - made from the off-cuts of the new perimeter fence.

Teacher, Technology and Applied Studies, Wayne Miggins who oversees the group at the school was impressed with the student's initiative in delivering the finished product.

"The students undertook the design and construction of the bike-rack and it is already proving popular," said Mr Miggins, who continued the group is always looking at ways to beautify and improve the school grounds.

Congratulations to the following students for completing your most recent project including: Nathan Evans, Mark Matheson, Peter Mifsud, Tobias Riley and Joshua Leonard

A Hand Up



'Farming for Kids' Agriculture into the Future 2017 recipient, Casey Clarke – who aims to pursue a career in teaching – has purchased a heifer from the QHS herd.

The Year 11 Primary Industries student - who has registered his own cattle stud under the

name of 'CJ Clarke Limousin Stud'- utilised funds from his scholarship to purchase the heifer.

'The Hird Jill' a 10-month-old heifer from a 'Fooniejill' cow and a 'Mandayne Freightliner' bull was purchased as the first for Casey's stud.

"She will be heading to our family property, where, over time I will breed her to 'The Hird Grand Jock' - from 'Harlees Mr Jock' bloodline as they are proven genetics," said an elated Casey.

QHS Agricultural Farm, Manager, Mr Hird said the school is pleased to assist Casey in the establishment of his cattle stud.

"We have terrific students at the school and it's always positive to offer them the opportunity to a start in the agricultural industry. The 'Mandayne Stud' from Adelaide, have proven performance with good growth rates and won several awards at the Sydney Royal Easter Show this year," continued Mr Hird who added the QHS Agricultural Farm has also supported other QHS students commence their own livestock studs in the past.

Congratulations Casey on following your passion for Agriculture and thank you again to local group, 'Farming for Kids' for your support of our students.

"Thanks to both Farming for Kids for the generous scholarship and to Mr Hird for helping me establish my own business following my passion in the Agricultural Industry," commented Casey.



FABULOUS FILM WORKSHOP

Under the auspice of the North-West Film Festival, Terrence, John and Nikki from local Quirindi business ixl@film ran a well-attended filmmaking workshop at QHS yesterday.

The workshop included tips and guides on using and lighting a green screen, how to present to camera and a run through of different equipment students may come across in the profession.

Students also undertook learning in the basics of using gel techniques with lighting, camera shooting speeds, safety use of film equipment and much more.

They also participated in studio lighting set-up and the endless options of green screen

use.

Coordinator of the event, QHS Multimedia Technologies, teacher, Miss Bayliss said the workshop offered a varied and comprehensive range of tips and insights for students seeking a career in the film or production industries.

Well done Miss Bayliss, students from all years were given a first-hand opportunity to step into the professional world of filmmaking. Congratulations to all students for participating in the event and taking advantage of the many opportunities available to you.

Thank you to ixl@film for making the journey to QHS and for sharing your extensive knowledge with our students.



FIRE AND RESCUE

Year 7 and 8 Clontarf Students headed to Armidale earlier this week to attend the Fire Rescue NSW Training Centre.

Students learnt about fire safety and improved their knowledge on how to prevent fire related incidents.

After undertaking the required safety protocols, students changed into full Fire and Rescue gear and headed to the training ground for a hands-on experience, where they learnt about the fire truck, how to roll hoses properly, how to connect the water supply to the truck, water pressure valves, different

types of spraying techniques from gas dispersing pulse sprays, heat blocking spraying to high power jet spraying.

The day proved invaluable for students and also reinforced their knowledge on how to work as part of a cohesive team.

Students also learnt how to navigate through a house on fire and planned safety procedures for their families.

Thanks to the dedicated QHS Clontarf Academy staff who give so much every day to enhance the life skills and experiences of our students.





GETTING THINGS DONE

The QHS Men's Shed group is on fire!

The boys were photographed last week cementing in two more day-beds, constructed by the group. Under the guidance of Teacher, Mr Miggins, the QHS Men's Shed is dedicated to learning new skills to construct fantastic assets for the QHS community. Thanks to the QHS P&C for your generous donation purchasing the materials to construct the day-beds. It's great to see them being enjoyed by our students.



Correction: Our last edition attributed the fantastic pics from the recent QHS Open Boys Touch Football Team playing at the State Finals to Jason Allan, they were actually sent in by the talented Jason Smith.



QUICK QUIGLEY

QHS Student Lacie Quigley caused some confusion when she came in first across the finishing line in the Time Trials at the School Sport Australia competition recently.

In an outstanding result, the Year 9 student finished first female in an open field of runners including those in the under 20 Years categories – seeing Lacie handed the gold medal for the under 16 Years group.

"They quickly realised that Lacie was running in the 14/15 Years and gave her the gold for that age group," commented her mother Megan Quigley.

Lacie, who had qualified for the Time Trials with a successful run on the Cross-Country leg of the competition held in Maroochydore, Queensland said she was happy with her Time Trials run – completing the 2 kilometre course in 6.36 minutes.

"I was really pleased with the result as I had a few injuries in the lead up but I'm continuing on my path because I love to run."

Lacie's outstanding achievement has put her in good stead as she and 5 of her QHS peers compete over the next 3 days at the CHS State Carnival held at Sydney Olympic Park Homebush.

Congratulations Lacie, your drive and determination are an inspiration to all of us.

CELEBRATING our staff

Thank you to the QHS Hospitality team for providing a much-appreciated Morning Tea for our staff today. The delicious food proved a catalyst to terrific conversation and camaraderie.

It's wonderful for our dedicated staff to be able take a brief moment to celebrate one-another and to take the opportunity to wish Mr Beresford a Happy Birthday.

Thank you to our students for the time taken to prepare the delicious food.



SAY HELLO

Hayley Kemp from Gunnedah is undertaking her Practical Experience with us here at QHS. Hayley is in her final year of study at the University of New England, studying Education K-12.

"I have always wanted be a teacher and help people to develop. I chose QHS as it's somewhere close to home and because of the great reputation of the school," said Hayley, who has been here for a week and half undertaking Year 8 Geography, Year 7 History and Year 11 Modern History.

"Students and teachers have all been really supportive and well engaged. I aim to head to a small rural school as I like the community feel having gone through a K-12 school in New Zealand."

Hayley, who likes to read and play netball, volleyball and basketball said she's having a



lot of fun learning at QHS.

Hayley completes her practicum at on Friday September 14, so make sure you say hello when you see her in the school grounds. Thanks for choosing QHS Hayley.

"Sharing a hand on the Land"



QUIRINDI HIGH SCHOOL - DROUGHT RELIEF



Chris and Michelle Law are amongst many local producer's hand-feeding cattle in the current extensive drought.

The duo, who run their award-winning Hereford cattle stud on their property 'Hunday' near Borambil are hosting QHS Primary Industry students today.

The severity and duration of the current drought has led QHS Year 11 Primary Industry students and Teacher, Miss Sozou to instigate a project to assist some of our local farmers.

As the strain of the ongoing-drought continues, students headed out on-farm to assist.

"We know our farmers are doing it tough and it's terrific to be able to help today. Students are also learning a lot from Chris and Michelle on the farm and gaining practical hands-on experience," said Miss Sozou.

The first – of what is hoped to be more – of the "Sharing a hand on the land" has seen students

pull down old sheep yards, feed out Ute loads of cotton seed to livestock, sort silage wrapping waste and remove an old stock fence.

"We have achieved more today than I would have thought possible, the students have been terrific at working and it's taken a weight off our minds getting some of the bigger jobs done. We've been flat our feeding our stock and haven't been able to do many of the other farm jobs, so today has been an amazing help," said Chris.

As well as helping on-farm, the students and the Laws are enjoying meals provided by the QHS Hospitality students and teacher, Mrs Lawson.

"It's been great to talk to the students about their goals for the future and what a bright future it is with them at the helm. Today has meant so much to us, not only for the on-farm help, but to have such positive and motivated people to talk to," said Chris.

Thanks also to the fundraising efforts, Bellingen High School – our Sister School – who funded the purchase of ingredients - for the QHS Hospitality students and Teacher, Mrs Lawson to prepare morning and afternoon tea and lunch for today.

Today has given some of our local farmers a chance to have a break, a meal and a chat - to have assistance with jobs on the farm and renew their spirit and mental health.

Well done QHS students and teachers, this is what our community is all about. helping and caring. Thanks to the Law family for hosting our students today and thanks also to our Sister-school Bellingen High School for your ongoing support!

QHS is looking to assist other people in our region, please call the media team if you or someone you know wants to share and hand on the land on 6746 1177.



AROUND THE WORLD in 50 hours

HSIE Elective around the world in 50 hours have spent the last two weeks planning their fictional trip to the USA.

They book and plan activities and accommodation with set budgets, and earn extra travel cash for successfully completing challenges.

Lots of skills being learned here for future globe trotters. - Thanks Mr Hamilton for your photos.



Our Future Captains' Speeches

Today's Captains' Speeches Assembly was chaired by current QHS Captains', Abbey Lobsey and Lachlan Tydings. The arrival of the official party was followed by the National Anthem, led by QHS students Indiah Nean and Molly Owen.

The official Welcome to Country was undertaken by Liam Faulkner before the Principal's Address by Mr Worley.

"It takes serious mettle to put your hand up for a position like this and serious fortitude to present yourself in front of your peers," said Mr Worley in welcoming all the nominees, their families, teachers and fellow students.

Today's Captains' Speeches were outstanding and a true display of the exceptional people we are fortunate to have to choose from to represent our school and student body for 2019.

All students did a terrific job introducing themselves and what they would aim to offer if successful in being selected to represent QHS. Please see below in presentation order the speakers names and a short quote from each of their tremendous speeches.

Bridget Swain: "The person you vote for tomorrow should be the person you think would make a great leader."

Jordie Thompson: "As a school captain, it is a chance to recognise that every interaction is an opportunity to make a difference."

Lilly Nicholls: "I want to help people to be the best they can be."

Josephine Saunders: "A good school captain is one who inspires and motivates others by representing the school with pride and being a good role model."

Gemma Hawkins "I look forward to the opportunity to give back to the school and encourage it as a place where everyone is proud to say... I am from Quirindi High."

Maddie Hearn "As a leader it would be my role to guide younger individuals in creating appropriate vision for others to follow."

Grace Pezzuto: "Sometimes you have to look past the finishing line, not just at the trophy,

as the experience is just as valuable as the outcome."

Hamish Slade: "If you work hard enough at something, no matter what your past, you can achieve a higher goal."

Thomas Young: "To be a school captain is to be honest, considerate to all opinions and ideas, have a strong school spirit, be hardworking and all round to share a good laugh with everyone."

Beau Mulholland: "To fulfil the same shoes that the successful school captains' of 2018 did, with diligence, respect, courage and achieve the school motto daily.

Angus Nicholls: "Teamwork makes a dream work."

Joshua Redgrove: "I will work hard, I will be truthful, I will always be a friend to listen to you and I will be a voice for you."

Congratulations to all our nominees, we are exceptionally fortunate to have such inspirational future leaders.

Note: Please remember all votes will be counted under the preferential voting system. Please ensure you vote in your order of preference tomorrow, from 1 to 7 for girls and from 1 to 5 for boys.

Thank you to all our nominees, parents and carers, staff and fellow students for today.



PUBLIC SPEAKING COMPETITION

All Year 10 and 11 students are now invited to nominate for the upcoming Rotary Public Speaking Competition. You can do so by speaking to teacher, Mr Owen to register.

You are required to present a 5-minute speech on a topic of your choice.

Mr Owen can assist you in the preparation of your speeches, including topic selection options, listening to and providing feedback on your proposed speech.

The Quirindi Rotary Club competition is on Monday 15 October 7.00 pm at Quirindi RSL (First Monday back Term 4) and the Cluster

competition is again at the Quirindi RSL on Monday 29 October at 7.00 pm.

You will need to address at least one aspect of the Rotary 4-way test in your speech.

THE FOUR-WAY TEST points to cover, include: is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned?

There will be no impromptu speaking at club level. School uniform, including school blazer must be worn. Parents are most welcome to attend the dinner.



What's on...

Thursday 13 September 2018

QHS Homework Centre 3.20 - 5pm
2019 Captains Speeches

Friday 14 September 2018

CHS Boys open Basketball Training 8-9am
Yr 7 Immunisations

Monday 17 September 2018

Preliminary VET Work Placement - All week
QHS Concert Band Rehearsal 3.30-5pm
NAIDOC Mystery Performance

Tuesday 18 September 2018

QHS Homework Centre 3.30 - 5pm
Year 7 to 12 Parent Teacher Night 4-7pm

Wednesday 19 September 2018

Creative Writing Club 3.30-5pm
QHS Homework Centre 3.30 - 5pm
HSC Music 1 - Practical Performance Exam

Thursday 20 September 2018

QHS Homework Centre 3.30 - 5pm
Yr 11 Biology Field Study to Warrumbungles
NAIDOC Colour Run during SPORT RELAY FOR LIFE Recruitment Night 5.30pm at Quirindi Rugby Club

Friday 21 September 2018

NAIDOC Week Opening of Reconciliation Tree
Yr 11 Distance Education / Aurora Exams

Tuesday 25 September 2018

QHS Homework Centre 3.30 - 5pm
Yr 12 Sleepover
Yr 11 Rewards Excursion to Tamworth

Wednesday 26 September 2018

Creative Writing Club 3.30-5pm
QHS Homework Centre 3.30 - 5pm
Wednesday Night Basketball Tamworth
Yr 12 Social

Thursday 27 September 2018

QHS Homework Centre 3.30 - 5pm

Friday 28 September 2018

Year 12 Graduation Assembly
Last Day of Term 3

Monday 15 October 2018

First Day of Term 4 for Staff and Students

Term 3 2018

Wk 1	A = Jul 24 - Jul 27
Wk 2	B = Jul 30 - Aug 3
Wk 3	A = Aug 6 - Aug 10
Wk 4	B = Aug 13 - Aug 17
Wk 5	A = Aug 20 - Aug 24
Wk 6	B = Aug 27 - Aug 30
Wk 7	A = Sept 3 - Sept 7
Wk 8	B = Sept 10 - Sept 14
Wk 9	A = Sept 17 - Sept 21
Wk 10	B = Sept 23 - Sept 28



Last Friday night's Rugby Grand Final proved a nail-biter with the QHS Bulls doing our community proud - going down by a single point. But...much like the icon in the film Rocky, they were the people's champion.

Mr Hamilton said, "The last 2 minutes of the match was some of the best school boys rugby I have ever seen!"

Great effort QHS and congratulations McCarthy Catholic College on your win.

Mr Hamilton is exceptionally proud of the entire QHS team and community.

"Over 3/4 of the spectators were there for QHS and their support was appreciated," said Mr Hamilton.

Well done QHS! Another cracking effort.

BOOK NOW!! FOR PARENT TEACHER NIGHT

Tuesday September 18 is QHS Parent Teacher night.

The event commences at 4pm and runs to 7pm. Parents and Carers MUST book an appointment time with teachers online through your Parent Portal.

If you do not have a user name and password for the Parent Portal please contact the office on 02 6746 1177.

This year, representatives from the University of Newcastle Australia and the Wollotuka Institute will also be attending.

Each year, some 3,000 students enrol at the University of Newcastle Australia in their chosen field of study.

Staff from the tertiary education provider will be available to discuss admission, accommodation, general housekeeping, course information, university entry and more with parents and students.

Since 1983, the Wollotuka Institute has supported Indigenous Australians studying at university.

***To book Teacher interview times – log onto your Parent Portal.

Click on the yellow bar at the top marked – Parent Interview Term 3.

See teachers list and go to tab – 'Select Timeslot' to choose your time.

Do this for every subject.

Hit the 'Confirm Appointments' tab at the bottom.

<https://web1.quirindi-h.schools.nsw.edu.au/portal/login>

QUIRINDI HIGH SCHOOL 2018 SCHOOL TIMETABLE		
MONDAY, TUESDAY, WEDNESDAY & FRIDAY		
Roll Call	9.05 - 9.20	15 minutes
Period 1	9.20 - 10.35	75 minutes
Recess 1	10.35 - 10.50	15 minutes
Period 2	10.50 - 12.05	75 minutes
Recess 2	12.05 - 12.20	15 minutes
Period 3	12.20 - 1.35	75 minutes
Lunch	1.35 - 2.05	30 minutes
Period 4	2.05 - 3.20	75 minutes
THURSDAY-SPORT		
Roll Call	9.00 - 9.10	10 minutes
Period 1	9.10 - 10.25	75 minutes
Recess 1	10.25 - 10.40	15 minutes
Period 2	10.40 - 11.55	75 minutes
Recess 2	11.55 - 12.10	15 minutes
Period 3	12.10 - 1.25	75 minutes
Lunch	1.25 - 1.55	30 minutes
Sport	1.55 - 3.20	85 minutes
<i>educational excellence in a country atmosphere</i>		