

Newsletter

QUIRINDI HIGH SCHOOL

WEDNESDAY NOVEMBER 14TH 2018



Term 4 - Week 5



PRINCIPAL'S MESSAGE

Here we are in week 5. The halfway point to the term and there is, as usual, plenty happening. Year 10 have work experience coming up. We are still waiting on forms from a number of students. If you have a year 10 student in your household, please ask them about this and help them get the forms completed. Work experience is very valuable. We have had students gain employment from this program. If students are planning on heading to University to study a specific course, this is a great chance to look at the reality of the job they will be entering and make sure it is for them. It is also a great opportunity to make contacts.

The P&C are working hard on the Christmas Lights market for the end of November. This was a great event last year, and this year it is going to be even better. I would encourage everyone to come along and support the local community. Thanks to our P&C for all the work they do supporting the school throughout the year. It is always great to see so many people attend the meetings.

Teachers are in the throes of report writing. We are also busily planning our presentation day. Students receiving an award, will be sent letters notifying them of such. These will come out over the next few weeks.

We have had a number of new students arrive at the school this term and I would like to welcome them and their families to our community. It is great to see new faces in the school.

Last week, Mr Garrett conducted our combined partner schools' band day. This was a great success. This is an initiative put in place by Quirindi High School to help support students transition to

QHS. If you have had the opportunity to watch the ABC documentary on music in schools, it reiterates the importance of musical education to brain development.

Mr Harries, our Head Teacher of Agriculture has taken some leave for a few weeks and Ms Angela Eykamp will be filling in this role. Please contact her if you have any queries relating to the faculty.

We have a number of University students with us at the moment. They are completing the practicum component of their course. This is great for Quirindi High School and Quirindi. It brings a number of people into our area and gives them the opportunity to experience life in a rural centre.

Year Advisers are busy planning excursions for students. As you can imagine, planning these excursions takes a significant amount of time. As a school, we have to make bookings and pay deposits. It is important that students get information in by the required times so that teachers can make commitments with businesses.

Year 12 have completed their HSC and will have had their formal by the end of this week. It is now the nervous wait for results and ATARs. We really hope to hear from students with their ATAR results as we don't get these at school. It is also great to hear from students who have been accepted through the early entry scheme to University.

Tan Worley
Principal



BREAKFAST CLUB



BIG BAND BASH



MATHS MASTERS



EMILY EXCELS AT ROTARY



CANTEEN COMMENDATION

QUIRINDI HIGH SCHOOL

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CANTEN of choice

QHS Canteen has been awarded a 'Healthy School Canteen' by the NSW Premier.

The award, which was delivered last week means our students are more likely to develop healthy eating habits that will have a long-term impact on improving their lives.

The Premier's office congratulated QHS on our school canteen meeting the NSW Healthy School Canteen Strategy through the NSW School Canteen Menu Check Service.

QHS Canteen Supervisor, Mr Cowan said the team always aims to offer our students, teachers, staff and visitors the freshest possible meals and snacks.

"It's terrific to see the QHS community eating well. And it's a positive for parents to know that their students are getting the best nutrition to perform better at school."

On average over 1000 healthy food items are sold at the QHS canteen every week all with the aim of refuelling our QHS community in the best possible way.

Congratulations to our hard-working and dedicated Canteen Staff! Well done.



QHS welcomed 33 primary school students from across the region last Wednesday as part of its magnificent 'Big Band Blast'.

The students, from Quirindi Public, Spring Ridge, Walhallow, Wallabadah, Blackville and Murrurundi (Apologies from Willow Tree and Werris Creek as they had prior events booked) and teachers participated in the day. The event is a culmination of the 'Instrumental Tutoring' QHS has been offering onsite at its feeder Primary Schools.

The day's musical schedule included: smaller groups tutored by QHS senior students, a

rehearsal session with the whole band and a half hour concert at 2.00pm, for parents and carers in the Multipurpose hall.

"The day is the culmination of many hours of the students practicing and learning and offers them the opportunity to perform as one 'Big Band'. It also offers our QHS students the chance to mentor others with a passion for music and provides the Primary School students a taste of High School life at QHS," commented QHS Teacher, Mr Garrett, who thanked the schools for participating and teachers for attending.

Congratulations to all involved.



Funds For Young People

Congratulations to the QHS SRC for raising a total of \$901 during the National Bandanna Day fundraiser. The event is the major fundraising and awareness campaign for CanTeen Australia. CanTeen helps young people cope with cancer in their family. Through CanTeen, they learn to explore and deal with their feelings about cancer, connect with other young people in the same boat and – if they've been diagnosed themselves, CanTeen provide specialist youth-specific treatment teams.

Thank you to all our QHS community for supporting this initiative.



2019 QHS Year 12 Art student, Taylor Jarrett-Scott (TJ) was captured getting into the groove in preparation for his body of works for his HSC next year.

"I like art because you can express yourself and your emotions," said TJ who adds he likes to utilise his spray-painting skills while listening to music.

"I feel what I paint, so I like to listen to uplifting music and spray cool designs. I'm inspired by the art of musician and artist Chris Brown and the works of Banksy," continued TJ who also added he is inspired by the works of his mother, who is a Tattoo Artist based in Tamworth.



Thanks FOR PARTICIPATING

QHS Canteen staff were delighted to receive a \$500 voucher from the Office of Preventative Health. The vouchers have been used to purchase equipment to assist them in continuing to provide healthy choices everyday food options for our school community.

"We contributed a menu as part of the NSW Healthy School Strategy and the department responded with a voucher that enabled us to purchase equipment to assist in the canteen," said Canteen Supervisor Mr Cowan, pictured here with fellow Canteen staff, Mrs Ingall and Mrs Medway.

MASTERING MATHEMATICS

Supporting confidence and enjoyment of mathematics and algorithmics, QHS is pleased to offer its students the opportunity to participate in the Mathematical Olympiad.

The Olympiad aims to foster an interest in maths and improve the mathematical skills of participants through competitions. The most prestigious of these contests is the International Mathematical Olympiad, in which high school students from more than 100 countries compete annually.

Participants in the 2018 Mathematical Olympiad were delighted to receive their Certificate of Achievement recently, with Sienna Cronin and Ethan Piper scoring the highest marks of our participants.

Teacher, Ms Reichel who coordinated the series of mathematical events for QHS was delighted with student participation and looks forward to running the events again in 2019.



HOSPITALITY *serving the best*

Thanks to our talented hospitality students and staff, who once again delivered an imaginative and delicious menu for the QHS Staff Morning tea yesterday.

The event - run to enhance the sharing of ideas and bonding of school staff - is made all the better for the delicious and creative menu provided by our Hospitality teams.

The morning tea also offers our students the opportunity to plan, prepare and serve meals in a relaxed and encouraging environment.



MARINE AND OTHER YOUTH PROGRAMS

QHS Student Hudson Shaw, has had the experience of a lifetime when he recently undertook an opportunity to learn about careers in Marine Science.

The Year 11 student, participated in the Quirindi Rotary Club supported RyMarine Program at Coffs Harbour.

"I created new friendships and experienced amazing new activities," commented Hudson, who participated in activities such as fish dissection, beach safety, surf lifesaving, learning about the embryology and biology of seabirds.

The three-day event also included canoeing, hiking to Mutton Bird Island, Dolphin Marine Magic, Underwater film making, snorkelling, conservation of our coast line, a visit to Bongil Bongil National Park as well as discovering bush tucker with "Uncle Mark Flanders" and the absolute favourite for Hudson, Scuba Diving.

RyMarine, is an annual program open to students in Year 9 to 11, organised by the Rotary Club of Coffs Harbour and supported by Australian Marine Science Centre and Southern Cross University, Solitary Island Marine Park Authority, Quirindi HS and Quirindi Rotary Club. Hudson encourages other QHS students "step out of their comfort zone" and experience RyMarine or any of the other programmes

organised for young people by Rotary. Programs include:

- RYLA (Rotary Youth Leadership Award)
- Model United Nations Assembly (MUNA)
- Public Speaking Competition
- Rotary Australia New Zealand Student Exchange for 3 months
- Rotary Youth Exchange Program 12 months
- National Youth Science Forum
- Rotary Aviation Careers Expo
- RyAg Aquaculture
- RyAg Beef
- RyAg Cotton
- RyAg Dairy
- RyAg Equine
- RyAg Sheep
- Rotary Roadsafte Young Drivers Awareness
- RyStars Astronomy
- Science and Engineering Challenge

Further details of these programmes can be obtained from the Rotary Website:

<https://www.rotary9650.org.au/>,

Or by contacting Mr Andrew Harries, Head Teacher at QHS.

Congratulations Hudson, what an amazing experience and thank you to Mr Lewis from Quirindi Rotary for assisting in co-ordinating the event.



REMEMBRANCE DAY

The Quirindi RSL Sub Branch hosted the Remembrance Day observance, held at the Quirindi memorial Town Clock on Sunday. Held to remember those from the armed forces who have died in the line of duty, the day is observed on November 11 to recall the end of hostilities of World War 1 on that date in 1918. The observance marked at the 11th hour on the 11th day of the 11th month marks the armistice signed by members of Germany and the Entente.

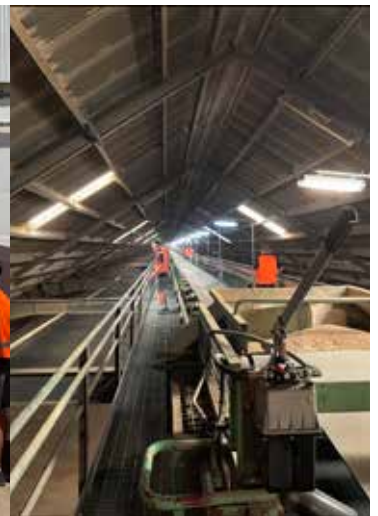
2019 QHS Captains and fellow students attended this-mornings Remembrance Day in Quirindi. (Fellow students also attended services across the Liverpool Plains Shire). In their first official group event - representing

QHS in the wider community - 2019 Captain's, Angus Nicholls and Bridget Swain and Vice Captain's Joshua Redgrove and Josie Saunders undertook official proceedings including presenting readings for Thanksgiving, The Queen, The Nation and more.

Fellow QHS students presented with the 209 Cadet Unit in the Catafalque Party with precision and grace.

Thank you to Mr Owen for giving your time and expertise to support students in their official proceedings today and thank you to all students and their families who attended today.

Thank you also to QHS students who attended Remembrance Day observance at other towns. LEST WE FORGET.



WORKSITE TOUR

QHS Clontarf Academy students from Years 9 - 11 visited Werris Creek GrainCorp as part of a worksite tour last week.

These types of visits allow students to make more informed choices about their potential career path. Furthermore, it does this in a fun and engaging way through an on-site tour that promotes communication and presentation skills.

Thanks to Joel from GrainCorp for taking time to facilitate the tour.



the PEOPLE PATHWAY



QHS Student Representative Council students headed to a day of leadership training at the GRIP Leadership course at Tamworth Town Hall last week. Students, Keenan Davis and Molly Owen Year 7, Indiah Nean and Zach Hamblin Year 8, Lacie Quigley and James Redgrove Year 9, Jock Barnett, Mia Constable and Liam Faulkner Year 10 (Kesley Hawkins also Year

10 was unable to attend) and 2019 Year 12 students Angus Nicholls, Joshua Redgrove, Ruby Richardson, Josephine Saunders, Bridget Swain and Jordie Thompson have returned with inspirational ideas to assist in performing their role as student leaders at QHS. The GRIP Student Leadership Conference is unique in that it concentrates specifically on

training student leaders for their role as leaders in schools. The style, topics, and content of this conference all focussed on what the students can do right now.

Thankyou to our SRC Coordinators Lindi Owen and Chris Owen for giving your time to take QHS students to this inspirational event.

EMILY takes the title

QHS Student, Emily Cronin was awarded first place in the District 9650 Rotary Speaking competition last week.

Emily (pictured fourth from right) was one of five students - other students presenting were from Oxley High School, Tamworth High School, Peel High School and McCarthy Catholic College. The Year 10 QHS student, spoke on 'Gun Control' in relation to the United States gun laws.

"I presented on how many lose their lives in gun related deaths. What students in the United States face every-day in relation to threats from those bearing guns and how United States gun laws affect other countries," said Emily who continued the support from her peers on the day was positive.

"All students were supportive and warmly encouraged one-another as we spoke in front of an audience of over forty."

Emily, attributes her achievement to extensive practice and her affiliation with QHS debating teams, participating in ASCA and other speaking events including Lions Club events.

"Public speaking is confronting, but it provides a great opportunity to step out of your comfort zone and learn skills for life as we are all going to have to use our presentation and speaking skills to obtain jobs and other roles in our community after school."

As well as congratulating the other students, Emily took a moment to thank Rotary for the opportunity and her Mother - Louise for the support.

"Mum has heard my speech a thousand times, so thanks Mum and a big thank you to Mr and Mrs Lewis who supported me in preparing for the event.

Adjudicators for Saturday's event were Lesley Lamb and Ian Lobsey, with Dimity Betts, Assistant District Governor of Rotary District 9650 also in attendance.

Mr Lewis, who attended the event said the calibre of speakers was outstanding.

"Other topics included Euthanasia, Social Interaction, Volunteering and Manners. Speakers were fantastic and should be exceptionally proud of their achievements."

Emily, will now head to Walcha in February in 2019 for the District final where speakers will undertake both a prepared and an impromptu speech.

Winner of the overall Rotary Speaking competition has the opportunity to win a trip to New Zealand.

Congratulations on your wonderful achievement Emily, we wish you all the best for your next round.





*Thank You
for the Breakfast*

QHS BREAKFAST CLUB

QHS would like to thank the dedicated community businesses and volunteers who gift fresh produce and donate their time every morning to our Breakfast Club. Running every morning from 8.30am, the QHS Breakfast Club offers our students a welcoming space in TAS 4 to engage with their peers while enjoying a filling breakfast.



TEXTS AND HUMAN EXPERIENCES

QHS 2019 HSC English students have returned from an extensive research trip on the new HSC Common Module.

Under the guidance of teachers, Mrs Stenner, Miss Stock and Mr Rowe, the 14 students undertook HSC lectures amongst 2500 of their peers, visited the reconstruction of the Globe Theatre and even sat in on an arts-based episode of Q&A.

The experience offered students the chance to see the world differently, challenge their assumptions and ignite new ideas, helping them reflect on the world around them in preparation for the HSC in 2019.

"We left Quirindi at 11:30am, Sunday on the train. We have not stopped the entire time and it has been a terrific learning experience to prepare the students for the year ahead," said Head Teacher English, Mrs Stenner.

On Monday, students and teachers attended the International Convention Centre for HSC lectures, with a lunch break on Darling Harbour



and dinner at Pitt Street Mall, before attending the Pop-Up Globe theatre by 8:20pm.

"Key note speaker at the conference, Eddi Woo was inspirational as he told of the solace he found in books and his passion for reading, mathematics and history. Karen Yager outlined some of the key features for the students who are undertaking the new HSC Common Module 'Texts and Human Experiences'," continued Mrs Stenner.

Students undertook a craft and writing session also delivered by Karen Yager in regards to the new module.

QHS students arrived at the Pop-Up Globe theatre in the evening watched the set up and prep for live TV broadcast of Q&A.

"After the broadcast finished we were entertained by a brief live theatre performance. Students have really enjoyed the entire experience and are keen to apply their learning immediately to their studies ready for next year."

Congratulations to all our students for



conducting yourselves so well, thank you to our teachers for again going above and beyond to ensure the best possible learning outcomes for our students.



What's on...

Wednesday 14 November 2018

Creative Writing Club 3.30-5pm
QHS Homework Centre 3.30 - 5pm
Wednesday Night Basketball Tamworth

Thursday 15 November 2018

Year 12 Formal
Year 10 Buddies Training

Friday 16 November 2018

Year 10 Buddies Training
North West Film Festival Excursion

Monday 19 November 2018

QHS Concert Band Rehearsal 3.30-5pm
Yr 10 ACER Pat Testing
Girls Volleyball

Tuesday 20 November 2018

QHS Homework Centre 3.30 - 5pm
Band Practice 9am - 1.30pm
Yr 10 ACER Pat Testing
Year 7 Engagement Day - Clontarf

Wednesday 21 November 2018

Creative Writing Club 3.30-5pm
QHS Homework Centre 3.30 - 5pm
Wednesday Night Basketball Tamworth
Book Club
Forsensic Science Workshop Yr 7-10

Thursday 22 November 2018

SRC Christmas Disco

Friday 23 November 2018

Rugby 7s Tamworth
STEM Club

Monday 26 November 2018

QHS Concert Band Rehearsal 3.30-5pm
Years 7-9 ACER Pat Testing
Year 10 Work Experience ALL WEEK
HSC Business Studies Hunter Valley

Tuesday 27 November 2018

QHS Homework Centre 3.30 - 5pm
Band Practice 9am - 1.30pm
Years 7-9 ACER Pat Testing ALL WEEK
P&C Meeting 6pm Quirindi Bowling Club

Wednesday 28 November 2018

Creative Writing Club 3.30-5pm
QHS Homework Centre 3.30 - 5pm
Wednesday Night Basketball Tamworth



On behalf of QHS, our Agricultural Farm Manager, Mr Hird would like to say a huge 'thumbs up' to our Sister School - Bellingen High School, whose fundraising efforts from earlier in the year have gone towards purchasing fodder for the farms livestock. (A percentage of the funds donated also assisted in the QHS Lending a Hand on the Land day.)

"It's overwhelming to know that students from Bellingen High School hosted a fund raiser event for Drought Relief to assist QHS. We are exceptionally grateful, and know the fodder we have purchased will be happily consumed by our stud cattle," said Mr Hird.



ELECTRIC CARS

Year 8 Science students are conducting a series of experiments in an attempt to conclude what energy source for their model cars is the most efficient. Teacher, Miss Morrow is coordinating the project that encourages students to explore mechanics, energy and motion in exciting ways. Each model car has a low friction car chassis, four wheels and allows students to create at least six different powered versions.

Over the coming lessons, students are designing different powered models using solar panels, electric motors, capacitors, chemicals, compressed air and propellers to get their car moving. They will then undertake comparisons to determine their outcomes.

How much fun! Nice one Miss Morrow and well done students.



QUIRINDI HIGH SCHOOL 2018 SCHOOL TIMETABLE

MONDAY, TUESDAY, WEDNESDAY & FRIDAY

Roll Call	9.05 - 9.20	15 minutes
Period 1	9.20 - 10.35	75 minutes
Recess 1	10.35 - 10.50	15 minutes
Period 2	10.50 - 12.05	75 minutes
Recess 2	12.05 - 12.20	15 minutes
Period 3	12.20 - 1.35	75 minutes
Lunch	1.35 - 2.05	30 minutes
Period 4	2.05 - 3.20	75 minutes

THURSDAY-SPORT

Roll Call	9.00 - 9.10	10 minutes
Period 1	9.10 - 10.25	75 minutes
Recess 1	10.25 - 10.40	15 minutes
Period 2	10.40 - 11.55	75 minutes
Recess 2	11.55 - 12.10	15 minutes
Period 3	12.10 - 1.25	75 minutes
Lunch	1.25 - 1.55	30 minutes
Sport	1.55 - 3.20	85 minutes

educational excellence in a country atmosphere

Term 4 2018

Wk 1	A = Oct 15 - Oct 19
Wk 2	B = Oct 22 - Oct 26
Wk 3	A = Oct 29 - Nov 2
Wk 4	B = Nov 5 - Nov 9
Wk 5	A = Nov 12 - Nov 16
Wk 6	B = Nov 19 - Nov 23
Wk 7	A = Nov 26 - Nov 30
Wk 8	B = Dec 3 - Dec 7
Wk 9	A = Dec 10 - Dec 14
Wk 10	B = Dec 17 - Dec 19