

Newsletter

QUIRINDI HIGH SCHOOL

WEDNESDAY JUNE 5TH 2019



Term 2 - Week 6

PRINCIPAL'S MESSAGE

This week, Year 10 have undertaken the HSC minimum standards test. It is now compulsory for all students in NSW to meet a minimum standard of literacy and numeracy to be awarded an HSC. Students can undertake the tests twice a year. If a student doesn't make the minimum standard in Year 10, he or she will be able to take the test again in Year 11, or 12. Students have a number of years after the sitting of the HSC exams to sit the test and show they meet the minimum standards of literacy and numeracy to be awarded an HSC. The tests are online. There are 3, reading, writing and numeracy. Ms McInnes has been working to get students through the tests. There will be a second opportunity later this year for students to sit the tests and meet the standard. If you have any questions in relation to this, please contact the school.

Our hospitality students have been learning a great deal on their workplace cruise. This is a great opportunity for the students to experience the reality of the hospitality industry in an intense area. Students experience both the side of passenger and employee and get a deep understanding of the operations behind the massive hospitality undertaking that is a cruise. Mrs Lawson and Mr Gayson have accompanied students for the week. Band camp has happened this week and students have learnt a great deal about coming together as a team. A number of students have nominated for

the Joan Carpenter music awards, which will be happening on Sunday 16/6 in the QHS Hallhall. If you have the opportunity to come along and view some of the great performances, please feel free to do so.

The touch team has experienced more success under the watchful eye of Mr Harris. It was a great game and the players worked well together.

Our taster days were a huge success with Year 4 really enjoying themselves. Once again, these types of days only happen through the wonderful organisation of the staff and the participation of our partner schools. Thanks to Ms Loughrey and Lauren Maybury for getting everything sorted and thank you to the high school staff who gave up their time to prepare lessons and give our Year 4 students a wonderful high school experience.

Our student leadership team, minus one captain, had a great time in Blacktown as part of the sister city arrangement. This is again, another great opportunity for students to support the Liverpool Plains Council. The great working relationship we have with the council and their willingness to work with the school for the betterment of student opportunities is outstanding. Please enjoy this newsletter and have a great long weekend.

Ian Worley - Principal



ASCA - PRACTICE MAKES PERFECT



HOSPO ONBOARD!



BURNING TO LEARN



HSC EXPERIENCE



Reconciliation week



GIRLS REPRESENT

QUIRINDI HIGH SCHOOL

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Sydney for English and Drama

QHS teachers Mrs Stenner and Ms Cooper took the HSC English Advanced and Drama students on an exceptional learning experience to Sydney last week.

"A big thank you to Mr Owen who kindly drove the group to Scone Railway Station. The group then took a bus to Morisset Railway Station to catch the train into Central arriving at 11am," said Mrs Stenner. In the afternoon, Ms Cooper and her Drama students travelled to the one and only NIDA for a Lecoq mask workshop.

During this time, Mrs Stenner took the remainder of her English class to the NSW State Library for a tour of the facilities that our students can access digitally from home.

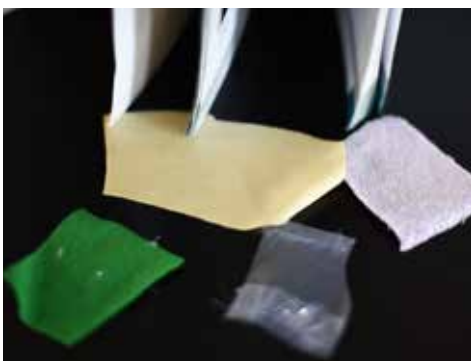
On Friday the whole group went to the Seymour Centre at Sydney University to view the live performance of one of their HSC texts, a Shakespearean play.

QHS English Advanced students then attended a symposium on their text for two hours whilst the remaining Drama students watched 'Aladdin'.

On Friday night the group went to Circular Quay to watch the opening night of VIVID - the Sydney light show.

The group arrived back in Quirindi on the Explorer on Saturday afternoon. "Thank you to a wonderful group of students who were a delight to take away," said Mrs Stenner.

Thank you to our teachers for your continued dedication to our students learning. Terrific!



BURNING TO LEARN

Year 11 QHS Textiles students undertook a series of experiments to determine the differing properties of various fibres.

Under the guidance of teacher, Mrs Cowan, students reviewed the differing burning properties (ash or melt) and resulting odour of different textiles including, wool, cotton, satin, nylon and more.

"Understanding burning properties of textiles is vital in knowing what sort of fabrics to choose for fire retardation and reduction. For example, if you were designing for a theatre you would want the stage curtain fabric to not only look good and be durable, you would also want it to be a retardant fabric for fire safety measures," said Mrs Cowan as part of the lesson.



REPRESENTING OUR REGION

Three QHS Captains: Bridget Swain, Josie Saunders and Josh Redgrove (Happy 18th) represented the Liverpool Plains and Quirindi High School with pride at the recent Blacktown Festival.

The students naturally communicated with their Blacktown peers, council staff, councillors and mayors at their appropriate levels and made an excellent impression wherever they went. They were an absolute delight to spend the weekend with.

It has been a custom for the Liverpool Plains to attend the annual Blacktown Festival for over 10 years, one of many Sister City projects.

"We enter a float into the Street Parade and promote the Liverpool Plains at a stall during the Festival. Our school captains come along to represent our high school and our youth. They

usually meet up with Blacktown youth leaders. Many friendships have been forged over the years. This year, the students have exchanged a lot of ideas and are very keen to implement some of them," said Nikki Robertson from LPSC.

"It was really great to meet students from our sister city - Blacktown and interesting to hear first-hand that while their school is technology based they don't have an agricultural farm. They have 1200 students to our 400, which made us realise how much we have on offer through our extensive range of access to technology, subject choices and experiences at QHS. Even though we are much smaller, we have more choice and a more personalised educational experience because we can access our teachers when we need and are not lost in a crowd," said Josie

Saunders. On behalf of the trio, Josie thanked Nikki Robertson and the LPSC Councillors for the fantastic opportunity.

"We always enjoy the company of our school leaders. The high school can be very proud of their students – we are," concluded Nikki.



'MARA'

The United Nations General Assembly declared 2019 as the International Year of indigenous languages, and at QHS we are proud to pass on the learning of our Gamilaraay language to all students through our 'Word of the Week' project.

The Gamilaraay language - 'Word of the Week' is a duo presentation this week, with students, Brianna Swan and Bidy Sampson teaching us 'Mara' the Gamilaraay word for both the number 'five' (5) and the word for 'hand'. Well done students

and have fun learning!

"Language is more than just a means to communicate, it is an essential characteristic that makes people and communities unique, and plays a central role in a sense of identity," said QHS Aboriginal Community Liaison Officer, Megan Outerbridge.

Australian Aboriginal languages consist of around 290 - 363 languages, belonging to an estimated 28 language families and isolates, spoken by Aboriginal Australians of mainland Australia and nearby islands.

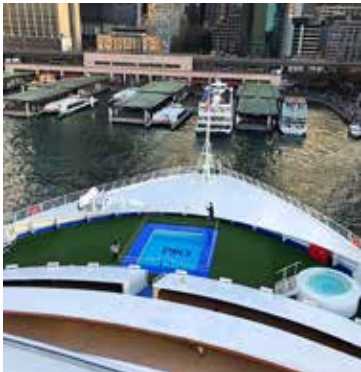


Miss Stock and Mrs Scott assisted students recently in preparing for their Week 9 ASCA examinations. The duo coached students for grades 1 and 2 and 4 and 6 as well as students such as Lia Robertson and Emily Cronin, who are undertaking their Certificate of Communication. The Australian Speech Communication Association Inc – affiliated with the English Speaking Board (International) Ltd – promotes and helps the development of oral communication and listening skills in education, professional and social spheres.

ASCA offers a series of finely graded oral and written examinations which encourage and challenge candidates of all ages and levels. Current Year 12 student Josie Saunders completed a Diploma of Communication through ASCA and it is terrific to see younger students following her lead, undertaking the higher levels.

Also, QHS student Lia Robertson was awarded her marks for her practical examination for her ASCA Diploma of Communication, receiving a staggering 94.5%!

Thank you to Miss Stock and Mrs Scott for supporting our students and well done Lia, that's terrific!



QHS Year 11 and 12 Hospitality students are having the learning excursion of a lifetime on their Hospitality trip aboard the Pacific Explorer on the Southern Barrier Reef Cruise.

The 17 Students, supervised by teachers Mrs Lawson and Mr Grayson arrived in Gladstone today as part of their 7 day cruise. The excursion is offering students the opportunity to see and experience the professional hospitality industry on a large scale and the chance to learn first-hand from some of the world's best.

"The excursion includes private tours of the ship's galley, so students get to see behind the scene operations and the many and varied aspects of the professional hospitality sector," said Mrs Lawson.

The cruise, which departed from and returns to Sydney, goes to: Mooloolaba Sunshine Coast, Gladstone and Moreton Island .

The onboard restaurants pride themselves on serving innovative, fresh and fantastic food sourced through Australian farmers and suppliers.

"With up to 17 different dining experiences to choose from across the fleet, including 'Salt Grill' by Australia's first celebrity chef, Luke Mangan. We will have the opportunity to review the meals and see how they source, prepare, display, serve and pay for the food options. They will also get to review the entire Hospitality experience from the accommodation through to the entertainment and operational logistics," concluded Mrs Lawson. *Thankyou for the great photos.*



Congratulations Caitlyn and Lillie



Two QHS students, Caitlyn Etheridge and Lillie Clark have made selection for the North West Open Girls Touch Football team. Congratulations to both students on this outstanding achievement.

ELEVATE STUDY TECHNIQUES

Year 11 QHS students undertook two workshops run by Ciara from Elevate Education who holds a Bachelor of Arts from Sydney University with Honours in Government Studies and Chinese.

The workshops covered techniques and practices to assist students with their time management and study techniques to enable them to achieve their personal best. Drawing on 15 plus years of research into the habits of the country's top students, Elevates high impact seminars and workshops help students improve their study techniques, increase motivation, build confidence and lift exam performance.

"I participated in an Elevate workshop when I was at school and it was very beneficial, so I started working with them part-time while I was at university and now I work for them full time," said presenter Ciara, who added QHS students were fully engaged in the



workshops.

"Student feedback indicated that they enjoyed the timeline for exam preparation and process suggestions for practice exams as well as learning about apps like 'Self-control' to assist them in turning off their devices to focus on study."

Thank you Ciara and what a great opportunity for our Year 11 students.

THANK YOU VOLUNTEERS!



Year 7 and 8 QHS students headed to the state-of-the-art Liverpool Plains Emergency Services Precinct today as part of the Shires 'Volunteer Week' celebrations.

"We were warmly welcomed by representatives of the precinct and local Council as well as the range of dedicated volunteer groups who give and do so much to our communities," said QHS ALCO Megan Outerbridge.

Students were offered a tour of the Command Centre, including an explanation of the Logistics and Incident Report Units.

"Students were overwhelmed by all that is involved in both logistics and incident reporting at this fantastic facility. It really offered them a glimpse into the highest standards in rescue and response," continued Meg.

As well as a tour of the centre, students met with representatives from a range of local volunteer organisations including: The NSW Rural Fire Service, Red Cross, Rotary International, Lions Club, Quota International and the Quirindi Arts and Crafts.

"Each group had a stall offering information on their organisation and how they interact with the Emergency Services Precinct in times of emergency, like the local Red Cross assisting with food and drinks for example," said Deputy Principal, Miss Loughrey.

After meeting with local volunteer groups, students headed outside to meet with members of the local SES, who outlined some of the tools and equipment stored for use in their mobile units.

"They really are prepared for any emergency and our students were very grateful for the time they spent explaining what is involved," continued Meg.

The local VRA offered students a demonstration with the 'Jaws of Life' – taking the passenger side door off a car – where students got to participate in the process by holding and using the equipment valued at \$18,000.00

"It's impossible to put into words, just how much the students got out of seeing first-hand what is involved in car accidents, the damage they cause and what is required to rescue people," said Miss Loughrey.

Students then headed to the Rural Fire Service for a trial of their fire-hose and firefighting equipment.

"Students donned the protective gear, hit a target with the fire-hose and filled a bucket. Students all had a go and were surprised at the pressure for the fire-hose," said Meg.

As well as offering information and demonstrations, members of the SES, VRA and Rural Fire Service spoke to students about

why they volunteer and what it is like to be a volunteer.

"They really spoke from the heart about how they NEVER push their workmates to do something that they don't feel comfortable doing - as being part of Rescue Services includes seeing dramatic accidents and incidents. You could really tell how much they care for one-another," continued Meg.

ALCO Meg Outerbridge and Deputy Principal Miss Loughrey had as much fun as students attending the interactive and information event. Students were exceptionally excited about the event, they gained so much information on the Service Centre, the volunteer groups involved, local Emergency Service groups and what it is like to be a volunteer in our community.

"Our region is amazing for the dedication of our volunteers and for all they have given over the decades and into the future – I am truly amazed at how much they give and how they work together for the best part comes of our communities. Thank you to all today for sharing their roles with our students. Thank you also to Andrew Ballard from the Liverpool Plains Shire Council for coordination today's event," concluded Meg.

THANK YOU TO ALL OUR COMMUNITY GROUPS AND VOLUNTEERS!



BESPOKE education

QHS is proud to offer bespoke educational options to our students.

"Occasionally, our senior students may want to choose two subjects that clash or a subject that is not offered at the school, so QHS look at alternative options such as offering the course through Distance Education," said QHS Librarian and Teacher, Mrs Owen.

Today, Louise Woods from Dubbo Distance Education met with dedicated QHS Year 12 Student, Charde Bobbine as part of the HSC Legal Studies course Charde is undertaking through Distance Education.

"The course Charde wanted wasn't offered through the school this year, so we found a way for her to be able to do it through Distance Education," continued Mrs Owen who added the school also has two students studying



Economics and one studying Business Studies through Distance Education.

Charde undertakes a weekly phone lesson with Louise and two timetabled independent lessons per week – online and using paperwork sent. QHS are very appreciative to have Louise here in person to assist Charde, something that happens once every Semester. *Thank you Louise for your time today and well done for Charde for your dedication.*

QHS PROUD TO participate



National Reconciliation Week is a time for Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

The 2019 theme is: 'Grounded in Truth - Walk Together with Courage'.

Aboriginal and Torres Strait Islander peoples have long called for a comprehensive process of truth-telling about Australia's colonial history. According to the 2018 Australian Reconciliation Barometer: 80 per cent of Australians believe it is important to undertake formal truth telling processes, Australians are ready to come to terms with our history as a crucial step towards a unified future, in which we understand, value and respect each other.

QHS was proud to participate in yesterday's historic raising of the Aboriginal Flag - for the first time on the newly built flagpole - outside the Liverpool Plains Shire Council Administration Centre.



HUGE SUCCESS

Tuesday's Support Services Mini Expo hosted by QHS saw a record number of stall holders with 21 business, groups or organisations showcasing their Support Services.

QHS Acting Head Teacher, Support, Mrs Radoll was overwhelmed with the day.

"Students and their families and members of the public had access to the best Support Service providers in our region today," said Mrs Radoll.

It is vital for families to liaise with Support Service providers directly as part of the National Disability Insurance Scheme (NDIS). Guide Dog, Nelson was popular with all attendees today, and could be patted as he was not in harness today.

The expo offered people with a disability, their carers, families, teachers and support network the chance to learn more about what support and services are available throughout the area, including: advice on carer support, advocacy, training and education, employment, post-school options and the NDIS. Congratulations to the QHS Support Unit for a fantastic event and thank you to all our attendees for making the journey to QHS and sharing all you do and offer with our school and our community.



WELL DONE Performers



Two QHS students, Paige Sevil and Molly Owen were chosen by the Adjudicator to perform for awards in the Adjudicator's concert on Saturday 1 June at the Gunnedah Eisteddfod.

Paige Sevil was selected to perform in the Heath Family Award - Most Promising Pianist 18 Years and Under.

This award is kindly donated by Lizzie and Tony Blake in memory of Lizzie's parents, Emma and Russell Heath. Emma, with her sister, started the Music Eisteddfod 67 years ago.

While Paige did not place, she was one of only 7 students chosen by the adjudicator, Paul Jarman, from the whole eisteddfod (Secondary and Primary) to perform in this award.



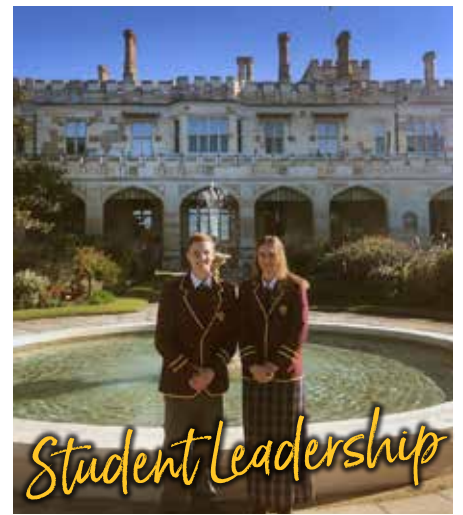
Paige performed a lively rendition of "See you later alligator". Congratulations Paige on your excellent musicianship displayed throughout the Eisteddfod.

Molly Owen was selected to perform in the Moira Pigott Award - Most Promising Secondary Vocalist.

Molly was one of 6 secondary students chosen by the adjudicator, Paul Jarman, to perform for this award.

Molly performed the song "Electricity" by Elton John from the stage show Billy Elliot and was announced the winner of this award.

Congratulations Paige and Molly on your outstanding achievements.



Captains, Angus Nicholls and Bridget Swain travelled to Sydney with their Year Advisor, Mr Packer to represent QHS at the Sydney Parliament House and Government House as part of the Secondary Student Leadership Program.

The trio joined student leaders from Gunnedah, Walcha, Tamworth and Barraba, plus more for a taste of life in the NSW Parliament during the visit hosted by the Member for Upper Hunter, Michael Johnsen MP.

They attended Parliament House where they listened to Members of Parliament who represent districts around New South Wales from both the Lower and Upper House.

Lunch was then followed by a short walk and tour of the Governor's house.

The Secondary Student Leadership Program helps students develop further knowledge of constitutional and parliamentary processes including the role of the Governor, the Honourable Margaret Beazley, AO. QC who, accompanied by her husband Mr Dennis Wilson, addressed the assembly of students and teachers.

The experience offered our captains the chance to see first-hand the proceedings of both Houses of Parliament, make new friends and connect with political representatives.

"The experience was truly appreciated by Angus and Bridget and provided them with many and varied opportunities," Mr Packer concluded.

Congratulations Angus and Bridget for representing our school with pride.



Eight QHS students from Years 10 and 11 attended the Housing Industry Australia Trades Career event in Tamworth last week.

Teacher, Mr Watters took students to the event which featured Guest Speaker and former NRL Player Gavin Lester, who spoke on his careers both on and off the field.

"Gavin spoke about his career when he played football for Canterbury and that while playing he also became a tradesman. He outlined how he preferred being a tradie to a footballer due to injuries on-field. And how he is now a site manager based in Sydney," said Mr Watters.

The event included a program of practical information and expert interaction with industry professionals talking to attendees about Vocational Education and Training, Career

Pathways and Trade and Skilled Careers including apprenticeships.

"Presenters spoke on 'Life Success' and outlined, that if students have a trade they like, they should follow their passion as there are great opportunities in the trade industry and many fulfilling career options with great wages available – Tradies in Sydney can get \$150.00 per hour. Presenters also spoke on how there is a demand for bricklayers, concreters and tradies in this region," continued Mr Watters.

There was opportunity for questions and answers from students and a presentation by three Apprentices on their experiences at work. "It was an informative and inspirational event," concluded Mr Watters.





Indigenous BUSH MEDICINE

QHS had a visit from two respected Indigenous Elders last Wednesday.

Aunty Beth and Uncle John spent time teaching students some of the history and uses of traditional indigenous bush medicine. The interactive workshop also included storytelling and singing.

"Your name is your soul and the eyes are the gateway to your soul, so not making eye contact is a sign of respect in our culture. If I don't know you I don't make eye contact until I know you," said Aunty Beth.

A strong part of Aboriginal culture is aromatherapy and apothecary using the plants, herbs and animals of Australia for medicine, treatment and more.

"Our people used sandalwood essence on their underarms and on their hair to hide their human smell when hunting. Tea Tree was used most commonly for external medicine and eucalyptus mixed with goanna fat was used just like Vics today. Quinine is also sourced from native trees and our Elders have been saying for a long-time it aids in cancer reduction."

As well as showcasing many different bush tonics for students to smell and view, the duo also recounted a story on the indigenous belief of the creation of the platypus.

"The water-rat didn't have a girlfriend, so he convinced the duck to be his mate, they had eggs together and one egg fell on land and became an echidna, the other fell into water and became a platypus. That is why they are the only two mammals on the planet to lay eggs."

The workshop covered different language meanings, animal totems, start signs and astronomy, cultural behaviours and laws as well as cultural traditions and ceremonies for both men and women.

One of the highlights of the workshop included

students being given emu egg cupcakes with quandong jam to taste.

"The emu is my totem animal, so I can't kill or eat an emu. Their eggs have 16 different shades of green in the shell and one emu egg is the equivalent to 12 chicken eggs. Also, the emu has two throats, one for eating food and the other contains a pouch for holding metal the emu uses to help digest food and the metal it uses is gold. So inside emus throats people have found things like gold wedding rings and watches, yellow marbles and other yellow items."

ACLO Meg was greatly impressed with student participation on the day.

"Students were captivated and proud of their cultural history. Through learning more about their cultural history, they are more self-assured of their own identity," said Meg.

Thank you to Aunty Beth and Uncle John for sharing so much of your culture and history with students today and a big thank you to QHS ACLO Megan Outerbridge for coordinating today's event.



What's on...

Thursday 6 June 2019

Stage 6 Hospo Excursion (all week)
HSC Minimum Standards
Choir Day 'Da Capo'
Open Boys Touch
Oliver Rehearsals 3:30pm

Friday 7 June 2019

HSC Minimum Standards
Friday Night Rugby

Monday 10 June 2019

Queens Birthday Holiday
Tuesday 11 June 2019
Year 10 Work Experience
Biology Exam HSC Prep
Oliver Rehearsals 3:30pm

Wednesday 12 June 2019

Year 10 Work Experience

ASCA Workshops

Creative Writing Club 3:30

Thursday 13 June 2019

Year 10 Work Experience
All Schools Touch State Finals
Oliver Rehearsals 3:30pm

Friday 14 June 2019

Year 10 Work Experience
North West Cross Country
Friday Night Rugby

Sunday 16 June 2019

Joan Carpenter Scholarship

Tuesday 18 June 2019

NSW Schools Titration
Oliver Rehearsals 3:30

Wednesday 19 June 2019

Big Band Bash

Merriwa Farm day

School Photos Day

Thursday 20 June 2019

Athletics Carnival

Friday 21 June 2019

Friday Night Rugby

Monday 24 June 2019

ASCA Examinations

Tuesday 25 June 2019

ASCA Examinations

Biology Exam HSC Prep

CWA Luncheon

Oliver Rehearsals 3:30pm

QHS P&C Meeting 6pm

Wednesday 26 June 2019

ASCA Examinations

Creative Writing Club

Thursday 27 June 2019

Yr 10 Meningpcpccal & Yr 8

Catchups & Yr 7 1st Oliver

Rehearsals 3:30pm

Friday 28 June 2019

Friday Night Rugby

Monday 1 July 2019

Preliminary HSC VET Work

Placement

Tuesday 2 July 2019

Beau Valley Shield Bellingen

Visit

Oliver Rehearsals 3:30

Thursday 4 July 2019

Oliver Rehearsals 3:30

Friday 5 July 2019

Year 7 to 10 Reports

Distributed

Last Day of Term 2

QHS Study Centre OPEN

- Tuesday, Wednesday,

Thursday 3.20-5pm

HSC WRITTEN EXAMS

17 Oct to 12 Nov 2019

Term 2 2019

Wk 7 A June 10 -June 14

Wk 8 B June 17-June 21

Wk 9 A June 24-June 28

Wk 10 B July 1-July 5

QUIRINDI HIGH SCHOOL 2019 SCHOOL TIMETABLE

MON, TUES, WED & FRIDAY

Roll Call	9.05 - 9.20	15 min
Period 1	9.20 - 10.35	75 min
Recess 1	10.35 - 10.50	15 min
Period 2	10.50 - 12.05	75 min
Recess 2	12.05 - 12.20	15 min
Period 3	12.20 - 1.35	75 min
Lunch	1.35 - 2.05	30 min
Period 4	2.05 - 3.20	75 min

THURSDAY-SPORT

Roll Call	9.00 - 9.10	10 min
Period 1	9.10 - 10.25	75 min
Recess 1	10.25 - 10.40	15 min
Period 2	10.40 - 11.55	75 min
Recess 2	11.55 - 12.10	15 min
Period 3	12.10 - 1.25	75 min
Lunch	1.25 - 1.55	30 min
Sport	1.55 - 3.20	85 min